

20th annual
ALTAMONT
5K
RUN/WALK

Saturday, AUGUST 26, 2017
Race starts at 9:00 AM

Featuring the
ALTAMONT MILE
& other kid's races

Bozenkill Park, Gun Club Road, Altamont, NY
(10 miles west of Albany off Rt. 20/Western Ave to Rt. 146 west)

featuring the Live/FREE - End of Summer Music Festival 10 AM - 6 PM

Media Sponsor - - WEXT 97.7

******3rd Leg of the Hilltown Triple Crown series******

Fox Creek 5K, Berne – Voorheesville 5K – Altamont 5K

8/5

8/19

8/26

Contact FoxCreek5K@gmail.com for Triple Crown info & entry form

Sanctioned by USA Track & Field

USA Track & Field Certified Course #NY05030AM

*Need more info call (518) 861-6350

or email altamont5k@nycap.rr.com

*****Please bring an unexpired food or dry good item to help supply local food pantries*****

Featuring:

T-Shirts to 1st 300 to pre-reg in the 5K

Over 100 door prizes

Music on the Course & at the Finish Area

Reid F. Northrup Memorial Award to Male Winner

Christine Marshall Memorial Award to Female Winner

Awards: 5K

Walk Division Top 5 Overall Male & Female

5K Run Top 3 Male & Female Age Groups:

12 & Under; 13-16; 17-19; 20-24; 25-29

30-34; 35-39; 40-44; 45-49; 50-54; 55-59

60-64; 65-69; 70-74; 75-79; 80+plus

Fees:

Pre-Registration **\$18.00** Run or Walk

Pre-Reg 70+plus **\$15.00** Run or Walk

Race Day 5K for all **\$25.00** Run or Walk

****Kid's Races** \$3.00 Race Day Reg Only**

Kid's Races: (start 10:15) Race Day Reg Only

Ages 0-4; 5-6; 7-8; 9-11 (Altamont Mile – Top 3 receive Special Awards). All kids get medals.

FREE Live -- END of SUMMER MUSIC FESTIVAL 10 AM - 6 PM

Registration available on our website at www.altamont5k.org or at

<https://www.zippyreg.com?event=947>

Altamont 5K Run/Walk Entry Form 2017

One person per entry form

Checks payable to Altamont 5K

Send to: **35 Whipple Way, Altamont, NY 12009-9204**

Email address _____ **Check one:** 5K run ___ 5K walk ___ Kid's Race – Race Day Reg Only**

NAME _____ ADDRESS _____

CITY _____ ST _____ ZIP _____ AGE _____ SEX _____ PHONE # _____

Signature _____ (if under 18 Parent/Guardian must sign)

I waive & release all rights & claims for damages I might have against the State of New York, NYS Department of Transportation, Village of Altamont, Town of Guilderland, Albany County, USA Track & Field, and all officials of the event. I am physically fit to compete in this event.